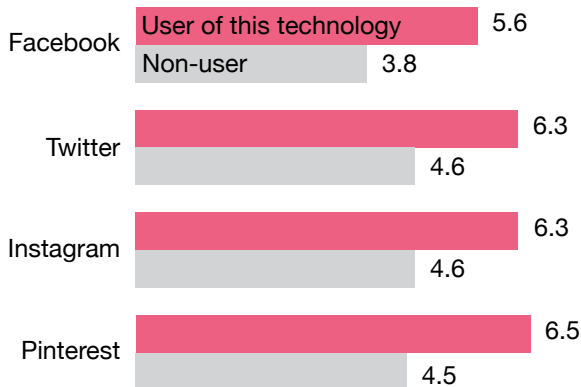


## Technology increases awareness of stressful events in others' lives.

*The average number of stressful events (of 12 possible) that people knew occurred in the lives of their friends in the past year.*



Note: Chart is abbreviated from the original Pew Research chart. See link for details. Data based on responses to: "...Please tell me if you know someone who has experiences any of the following in the past 12 months. Followed by a list of 12 different stressful events. Source: Aug. 2013 survey. N=1801 adults. ["Social Media and Stress."](#)